

## Supplementary

For those disorders for which self-report was not available in the PCS, only the estimated prevalence was derived from their drug use pattern. In these diseases, the prevalence was extracted based on the best-published evidence (meta-analysis, if available) from Iran with a similar conduction date compared to the cohort. If prevalence intervals intersect each other, we consider them similar.

| <b>Supplement Table 1.</b> Prevalence of Diseases base on drug use pattern and published literature |  |                    |  |           |
|---|--|--------------------|--|-----------|
| Disease   | Drugs Name   | %                  | Prevalence Based on Published Literature %\$ | Reference |
| <b>Hypothyroidism</b>   | Levothyroxine  | 1.7 (1.5–2)        | 3.7–12.8%                                    | 1–4       |
| <b>Hyperthyroidism</b>  | Thiamazole   | 1 (0.8–1.3)        | 0.23–4.63%                                   | 5         |
| <b>Parkinson</b>  | Levodopa<br>Trihexyphenidyl<br>Amantadine<br>Pramipexole<br>Selegiline<br>Benserazide<br>Bromocriptine<br>Rivastigmine | 0.19 (0.1–0.3)     | 0.05–0.26%                                   | 6         |
| <b>Hepatitis B</b>  | Tenofovir<br>Adefovir<br>Interferon alfa<br>Lamivudine   | 0.1(0.04–0.18)     | 2.2–9%                                       | 7–9       |
| <b>Hyperlipidemia</b>   | Atorvastatin<br>Lovastatin<br>Simvastatin<br>Gemfibrozil<br>fenofibrate<br>Clofibrate                                  | 7.5(7–8)           | 35.5–46%                                     | 10,11     |
| <b>Osteoporosis</b>   | Alendronic acid<br>Calcium and Vitamin D   | 2 (1.7–2.3)        | 13–20%                                       | 12        |
| <b>Osteoarthritis</b>   | Glucosamine<br>Preparation<br>Piascedine   | 0.2 (0.1–0.3)      | 14–53%                                       | 13–15     |
| <b>Migraine</b>   | Sumatriptan<br>Rizatriptan<br>Ergotamine   | 0.4 (0.3–0.6)      | 7.14–18.11%                                  | 16,17     |
| <b>Iron Deficiency</b>  | Iron supplement  | 13.5 (12.8–14.2) * | 13.6–27.7%                                   | 18,19     |

\*Prevalence in female gender 24.12(22.94–25.34%)

The prevalence of hyperthyroidism was estimated to be 1% (0.8–1.3%), Parkinson's disease 0.19% (0.1–0.3%), iron deficiency 13.5% (12.8–14.2%), and hyperlipidemia 7.5%(7–8%) based on drugs used in the population (Supplement Table). Self-reports of the diseases listed in Supplement Table 1 are not included in PCS data.

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